

# 2025 West Central MN SHRM Event Program Overview



DATE	TIME	FORMAT/LOCATION	TOPIC	PRESENTER(S)
Jan 9	8:45 am - 10:00 am	In-Person Grand Arbor	Protect Your Well-Being at Home and at Work	Sarah Smith Warren Soul Space Work
Feb 6	9:00 am – 2:00 pm	In-Person VIE Church	<b>Alex Area Workforce Summit: Recruit. Retain. Motivate.*</b>	See event information for details
Mar 6	11:30 am - 1:00 pm	In-Person Grand Arbor	Elevating Team Success: Cultivating a Culture of Psychological Safety	Molly Mackey LEAdeRnship Institute LLC
Apr 3	8:45 am - 10:00 am	Virtual Zoom	The Legal Lowdown: Spring Edition	Christy Caspers Law Office of Christine Caspers
May 1	8:45 am - 10:00 am	In-Person Grand Arbor	THC and the Workplace	Ailee Vazquez Northstar Medical
Jun 12	8:00am – 2:00pm	In-Person Holiday Inn	<b>Employment Law Update*</b>	See event information for details
Sept 4	11:30 am - 1:00 pm	In-Person Grand Arbor	Stress Management	Karen Meuwissen Alexandria College
Oct 2	8:45 am - 11:00 am	In-Person Grand Arbor	The Legal Lowdown: Fall Edition	Tom Jacobson & Katelyn Spangrud The Law Firm of Swenson Lervick
Nov 6	8:45 am – 10:00 am	Virtual Zoom	Make AI More Human	Katrina Kibben Three Ears Media

*All programming is subject to change at any time.*

*Start and end times vary based on speaker availability, extended programming, and in-person networking opportunities.*

West Central MN SHRM members may bring one guest to each event. Each guest may only attend one event per year at no cost.

*\*Not included with West Central MN SHRM membership – additional registration fees apply but may include a special discount to members.*